TREATMENT SUMMARY

Treatment record

Made with Hairbook
Scan for the iPhone app

PERIOD
22 Jul 2026 to 22 Oct 2026

ON TREATMENT SINCE
10 Jul 2026

GENERATED
22 Oct 2026

89%
Adherence
Last 30 days

2 days
Current streak
Every dose taken

7
Check-ins
3 with a flagged answer

5
Lab results
2 outside reference range

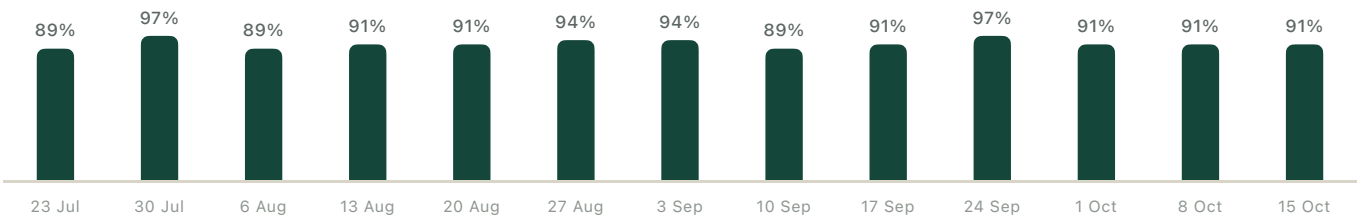
Current treatments

Adherence counts the doses logged on days each one was due

TREATMENT	SCHEDULE	STARTED	30-DAY ADHERENCE
Minoxidil Oral · 2.5 mg · 1 tablet	Every day, 8:00 am	—	93%
Finasteride Oral · 0.25 mg · ¼ tablet	Every day, 8:00 am	—	90%
Hair multivitamin Supplement · 1 tablet · with breakfast	Every day, 8:00 am	—	90%
Vitamin D3 + K2 Supplement · 5,000 IU · 1 tablet	Every day, 8:00 pm	—	87%
Omega-3 Supplement · 1,000 mg · 1 softgel	Every day, 8:00 pm	—	87%

Adherence by week

Share of scheduled doses logged, last 13 weeks



Check-ins

Answered by the patient every two weeks

DATE	SHEDDING	SCALP	LIBIDO	MOOD	HEART	NOTE
22 Oct 2026	Less	Fine	Same	Same	None	—
8 Oct 2026	Less	Fine	Same	Same	None	—

DATE	SHEDDING	SCALP	LIBIDO	MOOD	HEART	NOTE
24 Sep 2026	Same	Fine	Same	Same	None	—
10 Sep 2026	More	Fine	Same	Same	None	—
27 Aug 2026	More	Itchy	Same	Same	None	—
13 Aug 2026	More	Fine	Same	Same	None	—
30 Jul 2026	Same	Fine	Same	Same	None	—

● Highlighted answers are ones the patient marked as worse, or as a possible side effect.

Lab results

Entered by the patient from their lab reports

MARKER	DATE	VALUE	REFERENCE RANGE	STATUS
Ferritin	22 Oct 2026	**103.6** ng/ml	21.81 to 274.66	In range
Free testosterone	22 Oct 2026	**29.7** pg/mL	12.3 to 46.6	In range
Haemoglobin	22 Oct 2026	**13.7** g/dl	13 to 17.5	In range
Vitamin B12	22 Oct 2026	**180** pg/mL	187 to 883	Low
Vitamin D (25-OH)	22 Oct 2026	**16.7** ng/ml	30 to 100	Low

Reference ranges are the ones printed on each lab report, as entered by the patient.

About this report

Doses — Logged by the patient in the app when taken. Adherence is the share of scheduled doses logged on the days they were due.

Check-ins — Five short questions answered every two weeks, each compared by the patient with their own baseline.

Lab results — Typed in by the patient from their lab reports, with the reference range printed on each report.